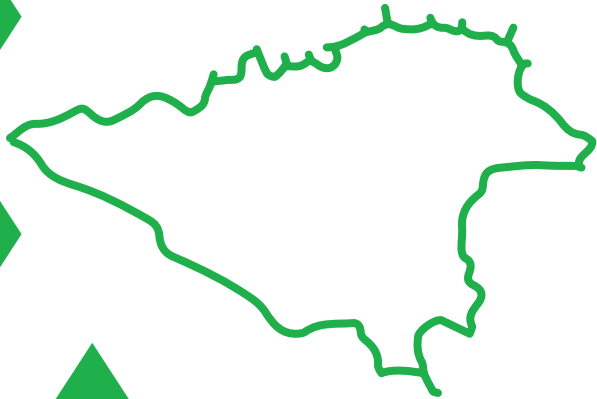




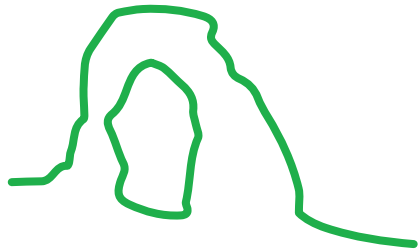
Minoosh Zomorodinia



7349 miles **TO** where I miss the most
 miles **TO** where you miss the most



888 miles **TO** the most extraordinary experience
 miles **TO** the most extraordinary experience



*Walking to Where You
 Miss the Most*





Walking to Where You Miss the Most

Grab something to take notes on. Take note of things that attract you then use them as points for making your own path on the paper at the end of the walk. You can experiment to see how much you remember, and what to imagine, or perhaps mind travel.

DIRECTIONS:

1. Walk for about 20 minutes; set a timer, let your mind free, and remember where you've missed the most during the pandemic. Search for somethings around you while strolling to convey the memory of the specific place.

How far is it from where you are located now?

Fill the gap _____, for example:

7349 miles **TO** Tehran where I miss the most

Imagine yourself there; what would be the difference if you visit the place now?

Draw the experience or photograph it or screenshot it from Google earth.

2. Walk silently for another 20 minutes and pay attention to your surroundings. Set a timer, gather two or three sounds and take notes. Keep in mind these questions while walking:

What's the sound like? Can you mimic it?

Does it trigger a memory from the place you miss the most?

3. Walk for another 20 minutes in the opposite direction; set up the timer, and this time search for elements that remind you of the place you miss the most. Keep in mind these questions while walking:

Do you smell anything like the place?

Does any color, shape, or thing trigger a memory?

FINAL STEP:

Are we hopeful by remembering and imagining the past? How accurate is our memory of the past? How much of this memory is taken from the experience and could be reimagined?

