Walking to Where You Miss the Most

7349 miles TO where I miss the most
888 miles TO the most extraordinary experience

Miss the Most
Walk to Where You
Grab something to take notes on. Take note of things that attract you then use them as points for making your own path on the paper at the end of the walk. You can experiment to see how much you remember, and what to imagine, or perhaps mind travel.

**DIRECTIONS:**

1. Walk for about 20 minutes; set a timer, let your mind free, and remember where you’ve missed the most during the pandemic. Search for somethings around you while strolling to convey the memory of the specific place.

   **How far is it from where you are located now?**
   Fill the gap __________, for example:
   ______7349___ miles TO ______Tehran____ where I miss the most

   Imagine yourself there; what would be the difference if you visit the place now?

   Draw the experience or photograph it or screenshot it from Google earth.

2. Walk silently for another 20 minutes and pay attention to your surroundings. Set a timer, gather two or three sounds and take notes. Keep in mind these questions while walking:

   **What’s the sound like? Can you mimic it?**
   **Does it trigger a memory from the place you miss the most?**

3. Walk for another 20 minutes in the opposite direction; set up the timer, and this time search for elements that remind you of the place you miss the most. Keep in mind these questions while walking:

   **Do you smell anything like the place?**
   **Does any color, shape, or thing trigger a memory?**

**FINAL STEP:**

Are we hopeful by remembering and imagining the past? How accurate is our memory of the past? How much of this memory is taken from the experience and could be reimagined?